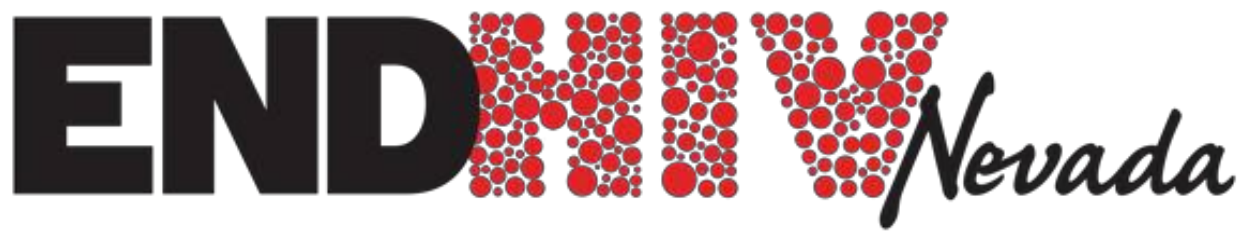


# NEVADA'S

## RYAN WHITE PROGRAMS



### Resource Guide

THIRD EDITION AUGUST 2022



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## INTRODUCTION

The Nevada Ryan White Program is committed to working together to achieve the goals of an HIV-free and AIDS-free future through the best practices of advocacy, prevention, testing, treatment, and care.

We are guided by the principles of public health and social equity and driven by the mission to promote health and reduce both impact and incidence of HIV/AIDS by working in partnership with other agencies and diverse community groups.

The Program provides access to quality medical care and support services free from discrimination and stigma no matter what **gender, race, color, age, national origin or citizenship, religion or creed, disability, genetic information, marital or relationship status, sexual orientation, gender identity or expression, pregnancy or maternity, veteran status, or choices in life**. **Because everyone has the right to live a healthy and fulfilled life.**

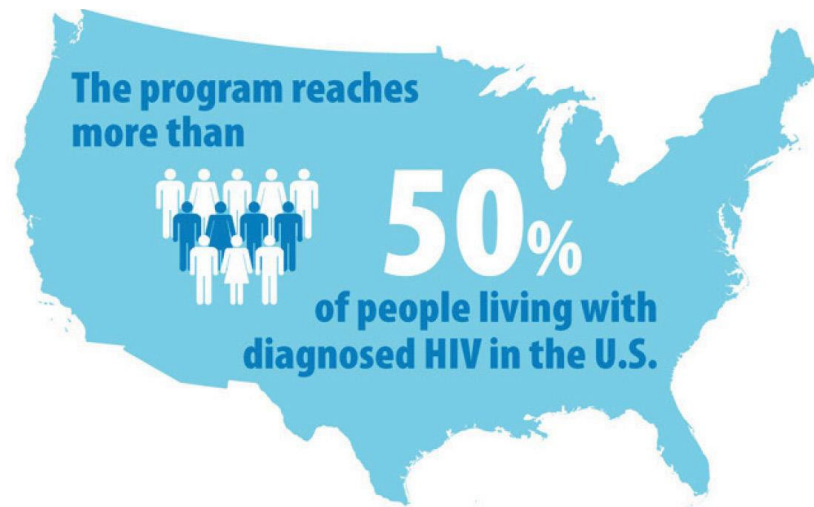
Like the National HIV/AIDS Strategy, it is our goal to change the way people talk about HIV, prioritize, and organize prevention and care services locally, and deliver clinical and non-clinical services that support people living with HIV to remain engaged in care.

This resource guide is designed and written for **you**, the Ryan White client. If you do not have an HIV physician or provider, use this Guide as a reference to find HIV physicians and specialty services in your area contracted with the Nevada Ryan White Programs. These important steps will help connect you to care sooner rather than later so you can benefit from early treatment.

## ABOUT THE RYAN WHITE HIV/AIDS PROGRAM

The Ryan White HIV/AIDS Program, first authorized in 1990, is administered by the U.S. Department of Health and Human Services (HHS), Health Resources and Services Administration (HRSA), HIV/AIDS Bureau (HAB) and was funded at \$2.34 billion in fiscal year (FY) 2018.

The Ryan White HIV/AIDS Program is a federal program that works with and awards money to states, counties/cities, and local community-based organizations to provide HIV care and treatment services to more than half a million uninsured or underinsured people living with HIV (PLWH) - approximately half of all those diagnosed with HIV in the United States. The program also funds clinician training, quality improvement, and the development of innovative models of care to improve health outcomes and reduce HIV transmission.



## RYAN WHITE PROGRAM PARTS

The Ryan White Program is divided into **five (5) Parts**: Part A, B, C, D, and F. Each Part provides grant funding for different target populations and different services.

### PART A PROGRAM | CLARK AND NYE COUNTIES, NV & MOJAVE COUNTY, AZ

- Ryan White Part A (RWPA) funds HIV/AIDS care in metropolitan areas hardest hit by the epidemic.
- These areas are called transitional grant areas (TGAs).
- Clark County Social Services administrates the Ryan White Part A TGA Program.
- Part A funds are used to provide core medical and support services for people living with HIV (PLWH).
- The Las Vegas TGA Planning Council sets the basis for funding decisions and award of contracts to service agencies.
- Care is then delivered by agencies that follow Ryan White standards.
- HRSA project officers and technical assistance and training services help Part A carry out these responsibilities.

### PART B PROGRAM | STATEWIDE

- Ryan White Part B (RWPB) provides grants to States and Territories to improve the quality, availability, and organization of HIV health care and support services.
- The Office of HIV/AIDS sits within the Nevada Department of Health and Human Services, and the Office of HIV/AIDS has offices in Las Vegas, NV.
- RWPB provides a comprehensive system of care that includes primary medical care, essential support services and access to HIV medication through the AIDS Drug Assistance Program (ADAP), also known as the Nevada Medication Assistance Program (NMAP) to eligible Nevadans living with HIV/AIDS.

## PART C PROGRAM | NORTHERN AND SOUTHERN NEVADA

- Ryan White Part C (RWPC) funds go to community-based organizations to support outpatient HIV early intervention services and care.
- In the state of Nevada, Northern Nevada HOPES in Reno, and the University Medical Center in Las Vegas, receive Part C funds.

## PART D PROGRAM | NORTHERN AND SOUTHERN NEVADA

- Ryan White Part D (RWPD) funds are used to support family-centered, comprehensive care to women, infants, children, and youth living with HIV.
- Northern Nevada HOPES in Reno and the Maternal and Child Wellness Program at University of Nevada, Las Vegas - School of Medicine are currently receiving Part D Funds.

## PART F PROGRAM | NORTHERN NEVADA

- Ryan White Part F (RWPF) funds go to multidisciplinary education and training programs for health care providers treating people living with HIV.
- Nevada Aids Education and Training Center (AETC) at the University of Nevada, Reno-Office of Statewide Initiatives is currently receiving Part F Funds.

## AM I ELIGIBLE FOR RYAN WHITE NEVADA PROGRAMS?

There is one enrollment process for acceptance into Nevada's Ryan White Programs. Eligibility determination is facilitated with the help of an Eligibility Specialist (found in our resource directory). Your annual assessment documentation includes:

- Nevada residency
- Confirmed HIV diagnosis (initial enrollment only)
- Household income below 400% of the Federal Poverty Level

A more comprehensive list of essential items and documents is detailed in the following section.

## WHAT DO I BRING TO MY FIRST APPOINTMENT?

To receive any of the services available through the Nevada Ryan White Programs, such as core and support services, medication assistance, and health insurance assistance, you must complete an initial **Universal Eligibility Application Packet for Brand New Clients (18-04a)**. This first assessment will collect all information and supporting documentation needed to determine your eligibility for the program. The **Universal Eligibility Application Packet for Brand New Clients (18-04a)** can be found on our website at <https://endhivnevada.org/ryan-white-part-b-documents/>. To find a list of Ryan White funded providers who assist with and process eligibility documents, please

refer to the Provider Directory in this Resource Guide.

At your first appointment you'll need to bring documentation to prove:

- HIV diagnosis
- Nevada residency
- Income level

Eligibility must be **re-assessed approximately every six months** after the first full assessment – during your birth month and half-birth month.

*\*Please note that the Nevada Ryan White Program has considered the highly confidential information that you will be providing during your intake and has taken steps to ensure this process is protected and meets all security requirements specified under HIPAA (Health Insurance Portability and Accountability Act of 1996).*

## WHAT OTHER SERVICES CAN I RECEIVE THROUGH THE RYAN WHITE PROGRAM?

Once eligible for Nevada Ryan White Programs you are eligible for an array of services including core medical services and support services. **Please see the resource directory below to identify what services are offered in your area.**

### CORE MEDICAL SERVICES

- **Outpatient/Ambulatory Medical Care:** Outpatient/Ambulatory Health Services provide diagnostic and therapeutic-related activities directly to a client by a licensed healthcare provider in an outpatient medical setting. Outpatient medical settings may include clinics, medical offices, mobile vans, using telehealth technology, and urgent care facilities for HIV-related visits.
- **Oral Health:** Care activities include outpatient diagnosis, prevention, and therapy provided by dental health care professionals, including general dental practitioners, dental specialists, dental hygienists, and licensed dental assistants.
- **Early Intervention Services (EIS):** Includes:
  - Targeted HIV testing to help the unaware learn of their HIV status and receive referral to HIV care and treatment services if found to be living with HIV
    - Recipients must coordinate these testing services with other HIV prevention and testing programs to avoid duplication of efforts
    - HIV testing paid for by EIS cannot supplant testing efforts paid for by other sources
  - Referral services to improve HIV care and treatment services at key points of entry

- Access and linkage to HIV care and treatment services such as HIV Outpatient/Ambulatory Health Services, Medical Case Management, and Substance Abuse Care
- Outreach Services and Health Education/Risk Reduction related to HIV diagnosis
- **Health Insurance Premium and Cost Sharing Assistance for Low-Income Individuals:** Provides financial assistance for eligible clients living with HIV to maintain continuity of health insurance or to receive medical and pharmacy benefits under a health care coverage program. For purposes of this service category, health insurance also includes standalone dental insurance.
- **Medical Case Management, including Treatment Adherence Services:** Services which include a range of client-centered services that link clients with health care, psychosocial and other services.
- **Mental Health Services:** The provision of outpatient psychological and psychiatric screening, assessment, diagnosis, treatment, and counseling services offered to clients living with HIV. Services are based on a treatment plan, conducted in an outpatient group or individual session, and provided by a mental health professional licensed or authorized within the state to render such services. Such professionals typically include psychiatrists, psychologists, and licensed clinical social workers.
- **Medical Nutrition Therapy:** Includes:
  - Nutrition assessment and screening
  - Dietary/nutritional evaluation
  - Food and/or nutritional supplements per medical provider’s recommendation
  - Nutrition education and/or counseling

## SUPPORT SERVICES

- **Linguistic Services:** Linguistic Services include interpretation and translation activities, both oral and written to eligible clients. These activities must be provided by qualified linguistic services providers as a component of HIV service delivery between the healthcare provider and the client. These services are to be provided when such services are necessary to facilitate communication between the provider and client and/or support delivery of HRSA RWHAP-eligible services.
- **Non-Medical Case Management:** Non-Medical Case Management Services (NMCM) is the provision of a range of client centered activities focused on improving access to and retention in needed core medical and support services. NMCM provides coordination, guidance, and assistance in accessing medical, social, community, legal, financial, employment, vocational, and/or other needed services. NMCM Services may also include assisting eligible clients to obtain access to other public and private programs for which they may be eligible, such as Medicaid, Children’s Health Insurance Program, Medicare Part D, State Pharmacy Assistance Programs, Pharmaceutical Manufacturer’s Patient Assistance Programs, Department of Labor or Education-funded services, other state or local health care and supportive services, or private health care coverage plans. NMCM



Services includes all types of case management encounters (e.g., face-to-face, telehealth, phone contact, and any other forms of communication).

- **Legal Services:** Legal assistance provided to and/or on behalf of the individual living with HIV and involving legal matters related to or arising from their HIV disease or care.
- **Emergency Financial Assistance:** Emergency Financial Assistance provides limited one-time or short-term payments to assist an HRSA RWHAP client with an urgent need for essential items or services necessary to improve health outcomes, including: utilities, housing, food (including groceries and food vouchers), transportation, medication not covered by an AIDS Drug Assistance Program or AIDS Pharmaceutical Assistance, or another HRSA RWHAP-allowable cost needed to improve health outcomes. Emergency Financial Assistance must occur as a direct payment to an agency or through a voucher program.
- **Food Bank/Home Delivered Meals:** A service that provides actual food items, hot meals, or a voucher program to purchase food. This also includes the provision of essential non-food items that include hygiene products, household cleaning supplies, and water filtration systems.
- **Health Education/Risk Reduction:** Services that educate clients with HIV about HIV transmission and how to reduce the risk of HIV transmission.
- **Housing Services:** Housing provides transitional, short-term, or emergency housing assistance to enable a client or family to gain or maintain outpatient/ambulatory health services and treatment, including temporary assistance necessary to prevent homelessness and to gain or maintain access to medical care. Activities within the Housing category must also include the development of an individualized housing plan, updated annually, to guide the client's linkage to permanent housing. Housing may provide some type of core medical (e.g., mental health services) or support services (e.g., residential substance use disorder services).
- **Psychosocial Support Services:** Support and counseling activities, child abuse and neglect counseling, HIV support groups, pastoral care, caregiver support, bereavement counseling and nutrition counseling services.
- **Medical Transportation Services:** The provision of nonemergency transportation that enables an eligible client to access or be retained in core medical and support services.

## WHAT DO I NEED TO REMEMBER FOR MY RE-ASSESSMENT?

After you have been in the Ryan White Programs for six months, your re-assessments for the continuation of utilizing Ryan White Services get easier. You do not need to provide information of HIV diagnosis. Following your initial assessment for brand new clients, you will complete the **Universal Eligibility Application - Annual Client Packet (18-05a)** during your birth month and the **Universal Six-Month Self-Attestation Packet (18-06a)** during your half-birth month. Your assessment documentation should include:

- Proof of Nevada residency
- Proof of income level

Please review the **Universal Eligibility Application- Annual Client Packet (18-05a)** and the **Universal Six-Month Self-Attestation Packet (18-06a)** found on our website at <https://endhivnevada.org/ryan-white-part-b-documents/>.

## NEXT STEPS- ACCESSING CARE

After receiving an HIV diagnosis, you may have many questions regarding seeking care, additional services, and paying for services. The following sections may provide some answers.

### QUESTIONS TYPICALLY ASKED DURING FIRST VISIT WITH AN HIV CARE PROVIDER

People newly diagnosed with an HIV infection can have many questions such as:

- Because I have HIV, will I eventually get AIDS?
- What can I do to stay healthy and avoid getting other infections?
- How can I prevent passing HIV to others?
- How will HIV treatment affect my lifestyle?
- How should I tell my partner that I have HIV?
- Is there any reason to tell my employer and those I work with that I have HIV?
- Are there support groups for people with HIV?

Many people find it helpful to write down their questions before a medical appointment. Some people bring a family member or friend to their HIV appointments to remind them of questions to ask and to write down the answers.

### HOW DO I PAY FOR CARE?

What you pay for your health care mostly depends on whether or not you have your own health insurance, your income, and resources you have. Here are some useful things to remember:

- There are no fees or costs for services billed to you by Ryan White Programs
- If you do have a health insurance plan, you may be charged a co-payment for health care services received through your plan
- Those costs depend on your health insurance plan's level of coverage
- If you do not have health insurance coverage, the Ryan White Program may be able to help you enroll in a health insurance plan
- The Nevada Ryan White Part B Program can help you with:
  - Health insurance premium assistance
  - Medical care co-payment and deductible assistance
  - Medication co-payment and deductible assistance

When you meet with your Eligibility Specialist, they will be able to help you:

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- Learn what services you are eligible to receive
- Apply for health insurance premium assistance
- Apply for co-payment and deductible assistance

## WHAT ABOUT HEALTH INSURANCE?

Your Eligibility Specialist will direct you to the care and services you need, some of which can be paid for by the Ryan White Program, if you are approved. In the meantime, the following programs provide financial assistance for eligible clients living with HIV to maintain continuity of health insurance or to receive medical and pharmacy benefits under a health care coverage program.

- The Health Insurance Premium Assistance Program
- The Cost Sharing Assistance Program (*for co-payments and deductibles*)

The Nevada AIDS Drug Assistance Program, also known as the Nevada Medication Assistance Program (NMAP) provides an approved formulary of medications to people living with HIV/AIDS for the treatment of a HIV disease or the prevention of opportunistic infections. See the most current policies and procedures for the formulary at: <https://endhivnevada.org/nmap-documents/>. Also contact Access to Healthcare Network to find out which health insurance provider/coverage is best suited for you.

## THE HOPWA PROGRAM

HOPWA stands for Housing Opportunities for People with AIDS (HOPWA). The U.S. Department of Housing and Urban Development (HUD) administers grants to local communities, states, and nonprofit organizations for projects that benefit low-income persons living with HIV/AIDS and their families. The program, managed by HUD's Office of HIV/AIDS Housing, was established to provide housing assistance and related supportive services for low-income persons living with HIV/AIDS (PLWHA) and their families. Nevada receives HOPWA money to assist PLWHA in gaining access to or maintaining stable housing. HOPWA Agencies in Nevada include:

- Golden Rainbow (*Clark County*)
- HELP of Southern Nevada (*Clark County*)
- Community Counseling Center (*Clark County*)
- AID for AIDS of Nevada (*Clark County*)
- *Women's Development Center (Clark County) – A Non-Ryan White Funded Agency*
- Northern Nevada HOPES (*all counties except Clark County*)

## NORTHERN NEVADA PROVIDER DIRECTORY

### ACCESS FOR COMMUNITY AND CULTURAL EDUCATION PROGRAMS AND TRAINING (ACCEPT)\*

(775) 786 5886

100 Washington St., Suite 250

Reno, NV 89503



@ACCEPT\_RENO



ACCEPT.RENO



[www.acceptonline.org](http://www.acceptonline.org)

*Health Education/Risk Reduction, Non-Medical Case Management, Medical Transportation, Education and Outreach (under the Minority AIDS Initiative)*

### ACCESS TO HEALTHCARE NETWORK (AHN)\*

1-844-609-4623

4001 S. Virginia St., Suite F

Reno, NV 89502



@access2HealthNV



Accesstohealthcare



[www.accesstohealthcare.org](http://www.accesstohealthcare.org)

*AIDS Drug Assistance Program (ADAP), Health Insurance Premium and Cost Sharing Assistance (medical/dental/vision copayment assistance), Medical Transportation, Non-Medical Case Management, Food Bank & Home-delivered Meals, Medical Nutrition Therapy*

### CARSON CITY HEALTH AND HUMAN SERVICES (CCHHS)

(775) 887-2190

900 E. Long St.

Carson City, NV 89706



@CHealthEd



CCHHS



[www.getthehealthycarsoncity.org](http://www.getthehealthycarsoncity.org)

*Rural and Frontier Nevada Non-Medical Case Management*

**NORTHERN NEVADA HOPES\***

(775) 348- 2893

580 W. 5<sup>th</sup> St.

Reno, NV, 89503



@nnhopes



NNHOPES



www.nnhopes.org

*Housing Services, HOPWA Housing Services, Medical Case Management, Medical Transportation, Mental Health Services, Non-Medical Case Management, Psychosocial Support Services*

**NEVADA LEGAL SERVICES**

(775) 284-3491

204 Marsh St. Suite 101

Reno, NV 89509



NevadaLegalServices



nevadalegalservices.org

*Legal Services*

## SOUTHERN NEVADA PROVIDER DIRECTORY

### **AID FOR AIDS NEVADA (AFAN)\***

(702) 382-2326

1830 E. Saharah Ave. Suite 210

Las Vegas, NV 89104



*Medical Case Management, Medical Nutrition Therapy, Food Vouchers, Medical Transportation, Early Intervention Services, Mental Health Services, Health Education/Risk Reduction, HOPWA Housing Services, Housing Services, Emergency Financial Services, Non-Medical Case Management*

### **AIDS HEALTHCARE FOUNDATION (AHF) \***

(702) 862-8075

3201 S. Maryland Pkwy, Suite218

Las Vegas, NV 89109



*Medical Case Management, Outpatient/ Ambulatory Health Services, Early Intervention Services*

### **ACCESS TO HEALTHCARE NETWORK (AHN)**

1-844-609-4623

3085 E. Flamingo Road, Suite A

Las Vegas, NV 89121



*AIDS Drug Assistance Program (ADAP), Health Insurance Premium and Cost Sharing Assistance (medical/dental/vision copayment Assistance), Non-Medical Case Management*

**THE CENTER\***

(702)733-9800

401 S. Maryland Pkwy.

Las Vegas, NV 89101



@TheCenterLV



TheCenterLV



[www.thecenterlv.org](http://www.thecenterlv.org)

***Health Education/Risk Reduction, Non-Medical Case Management***

**COMMUNITY OUTREACH MEDICAL CENTER (COMC)\***

(702) 657-3873

1140 Almond Tree Lane, Suite 306

Las Vegas, NV 89104



[www.communityoutreachmedicalcenter.org](http://www.communityoutreachmedicalcenter.org)

***Medical Case Management, Food Vouchers, Medical Transportation, Outpatient/Ambulatory Health Services, Health Education/Risk Reduction, Psychosocial Support Services***

**DIGNITY HEALTH ST. ROSE DOMINICAN**

(702) 616-4900

2651 Paseo Verde Pkwy, Suite 180

Henderson, NV 89074



@strosehospitals



StRoseHospitals



[www.dignityhealth.org](http://www.dignityhealth.org)

***Health Education/Risk Reduction***

**GOLDEN RAINBOW**

(702) 384-2899

714 E. Sahara Ave, Suite 101

Las Vegas, NV 89104



@GoldenRainbowLV



GoldenRainbowLV



[www.goldenrainbow.org](http://www.goldenrainbow.org)

*Housing Assistance, Health Education/Risk Reduction, Emergency Financial Assistance, HOPWA Housing Services*

**HELP OF SOUTHERN NEVADA\***

(702) 369-4357

1640 E. Flamingo Road # 100

Las Vegas, NV 89119



@helpsonv



HELP-of-Southern-Nevada



[www.helpsonv.org](http://www.helpsonv.org)

*HOPWA Housing Services, Housing Services, Mental Health, Substance Use Outpatient Care, Emergency Financial Assistance, Medical Transportation, Food Vouchers, Medical Case Management*

**HORIZON RIDGE CLINIC\***

(702) 489-2889

3160 W. Sahara Ave, Suite A11

Las Vegas, NV 89102



[www.horizonridgeclinic.com](http://www.horizonridgeclinic.com)

*Medical Case Management, Mental Health, Substance Abuse Outpatient Care, Psychosocial Support*

**HUNTRIDGE FAMILY CLINIC**

(702) 979-1111

1830 E. Sahara Ave

Las Vegas, NV 89104



huntridgefamilyclinic



[www.huntridgefamilyclinic.org](http://www.huntridgefamilyclinic.org)

*Outpatient Ambulatory Health Services*



**NEVADA AIDS RESEARCH AND EDUCATION SOCIETY (NARES)\***

(702) 383-2691  
701 Shadow Lane, Suite 200  
Las Vegas, NV 89106

***Medical Case Management, Early Intervention Services, Health Education/Risk Reduction,  
Medical Transportation***

**NEVADA LEGAL SERVICES**

(775) 284-3491  
530 S. 6<sup>th</sup> St  
Las Vegas, NV 89101



NevadaLegalServices



[www.nslaw.net](http://www.nslaw.net)

***Legal Services***

**NORTH COUNTRY HEALTHCARE\***

(928) 753-1177  
1510 Stockton Hill Rd  
Kingman, AZ 86401



Northcountryhealthcare



[www.northcountryhealthcare.org](http://www.northcountryhealthcare.org)

***Medical Case Management, Food Bank/Home Delivered Meals, Medical Transportation, Health Insurance Premium and Cost Sharing, Outpatient/Ambulatory Health Services, Emergency Financial Assistance, Medical Nutrition Therapy, Mental Health Services, Oral Healthcare***

**NYE COUNTY HEALTH AND HUMAN SERVICES\***

(775) 751-7090  
1981 E. Calvada Blvd, Suite 120  
Pahrump, NV 89048



[www.nyecounty.net](http://www.nyecounty.net)

***Medical Transportation, Medical Case Management, Food Pantry, Food Vouchers, Emergency Financial Assistance***

**PLANNED PARENTHOOD OF THE ROCKY MOUNTAINS**

(1-800-230-PLAN (7526) )

2785 E. Desert Inn Rd, Suite 260

Las Vegas, NV 89121



[www.pprm.org](http://www.pprm.org)

*Early Intervention Services*

**SOUTHERN NEVADA HEALTH DISTRICT (SNHD)\***

(702) 759-0702

280 S. Decatur Blvd

Las Vegas, NV 89107



SouthernNevadaHealthDistrict



[www.southernnevadahealthdistrict.org](http://www.southernnevadahealthdistrict.org)

*Medical Case Management, Non-Medical Case Management Services*

**UNLV SCHOOL OF DENTAL MEDICINE**

(702) 774-2451

1001 Shadow Lane

Las Vegas, NV 89106



@unlv



OfficialUNLV



[www.unlv.edu/dental](http://www.unlv.edu/dental)

*Dental Services/Oral Health Care*

**UNLV SCHOOL OF MEDICINE-MATERNAL CHILD AND WELLNESS**

(702-524-5388)

1524Pinto Lane, 3<sup>rd</sup> Floor

Las Vegas, NV, 89106



@unlv



OfficialUNLV



<https://www.unlvmedicine.org/>

*HIV Prenatal Care, HIV Pediatric Primary Care Services*

**UMC - WELLNESS CLINIC\***

(702) 383-2691

701 Shadow Lane, Suite 200

Las Vegas, NV 89106



@UMCSN



UMCSN



[www.umcsn.com](http://www.umcsn.com)

***Outpatient/ Ambulatory Medical Care, Mental Health Services, Oral Health Care, Medical Case Management***

***\*Offers Eligibility Services***

*The organizations listed above may receive funds from multiple Ryan White Parts (ABCD) and as a result, the services they provide may be funded from multiple sources.*

## ADDITIONAL RESOURCES FOR MANAGING YOUR HEALTH

After seeking care, you may have questions regarding additional resources and supportive material. Please see below for resources, additional information, and tools designed to help maintain your overall health and answer any of your additional questions.

### HOW CAN I FIND MORE RESOURCES IF I TESTED HIV POSITIVE?

- **HOW TO FIND HIV TREATMENT SERVICES:** A fact sheet listing HIV-related resources including resources to help find a health care provider and get help paying for HIV medicines, from AIDSinfo. (<https://hivinfo.nih.gov/understanding-hiv/fact-sheets/how-find-hiv-treatment-services>)
- **QUESTION BUILDER:** A tool to use to create a list of questions to ask a health care provider, from the Agency for Healthcare Research and Quality. (<https://www.ahrq.gov/questions/question-builder/online.html>)
- **DO YOU HAVE TO TELL?** A webpage with tips on how to share an HIV diagnosis with others from AIDS.gov. (<https://www.hiv.gov/hiv-basics/hiv-testing/just-diagnosed-whats-next/talking-about-your-hiv-status>)

### SHOULD I TELL OTHER PEOPLE ABOUT MY POSITIVE TEST RESULTS?

It's important to share your status with your sex partner(s) and/or people with whom you inject drugs. Whether you disclose your status to others is your decision.

#### PARTNERS

- It's important to disclose your HIV status to your sex partner(s) and anyone you shared needles with, even if you are not comfortable doing it. Communicating with each other about your HIV status means you can take steps to keep both of you healthy.

#### HEALTH CARE PROVIDERS

- Your health care providers (doctors, clinical workers, dentists, etc.) have to know about your HIV status in order to be able to give you the best possible care. It's also important that healthcare providers know your HIV status so that they don't prescribe medication for you that may be harmful when taken with your HIV medications.

#### FAMILY AND FRIENDS

- In most cases, your family and friends will not know your test results or HIV status unless you tell them yourself. While telling your family that you have HIV may seem hard, you should know that disclosure actually has many benefits- studies have shown that people who disclose their HIV status respond better to treatment than those who don't.

## EMPLOYERS

- In most cases, your employer will not know your HIV status unless you tell them. Your employer does have a right to ask if you have any health conditions that would affect your ability to do your job or pose a serious risk to others. (An example might be a health care professional, like a surgeon, who does procedures where there is a risk of blood or other body fluids being exchanged.)
- If you have health insurance through your employer, the insurance company cannot legally tell your employer that you have HIV. However, it is possible that your employer could find out if the insurance company provides detailed information to your employer about the benefits it pays or the costs of insurance.
- All people with HIV are covered under the **Americans with Disabilities Act**. This means that your employer cannot discriminate against you because of your HIV status as long as you can do your job. To learn more, see the Department of Justice’s ADA.gov/HIV website.

## USEFUL HIV/AIDS APPLE AND ANDROID APPS

From all the medications used to treat HIV to learning about new research and best practices it can be hard to keep up. These apps can remind you to take your medications, teach you terms related to HIV, and even find the services you need nearby.



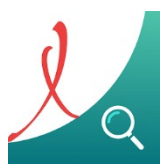
### Care4Today app

When you have to take multiple medications every day, things can get confusing. You might miss a dose or even take the wrong amount. With this app, you can input all your medications with dosage and timing information.



### GoodRx app

Many people don’t realize that medications can cost different prices depending on where you get them. This app can work wonders if you’re juggling numerous, pricey medications, making it quick and easy to find the cheapest price for any prescription you need to fill.



### HIV Testing Sites and Care Services Locator app

Developed by AIDS.gov, this app is a search tool based on your location. It helps you find a number of different HIV/AIDS related services within a given radius of your current location or any location you input. These services include housing, testing sites, health centers, and more.

## RELOCATING TO NEVADA

Planning on moving to Nevada? The following tips may make the transition easier.

- **Plan ahead, before your actual move.** Many people underestimate the amount of time necessary to apply for programs in the new state. If you try to catch up after you move, you may risk not seeing a doctor or not getting your medications for a period of time.
- **Contact the local AIDS service organization in your new city, area or state.** Speak with an Eligibility Specialist who knows what programs are available to you. See if you can handle some of the work over the phone before you move.
- **Know and document your current health benefits.** This is important because many state programs differ and may not offer the same coverage. You'll need to know what you have now, including your eligibility requirements. This way, you or your case manager can compare what you currently have to what's available in your new state of residence.
- **Get a 3-6 month supply of your current meds before you move to cover you in case of a lapse in coverage.** An adequate supply of medications should make any unforeseen lapses easier to handle.

## ACRONYMS & DEFINITIONS

Whether you are new to the HIV/AIDS field or not, we hope this section will be useful to you in understanding the many facets of the Ryan White Programs. You may also visit the following links to other resources for HIV/AIDS-related terms:

- <https://clinicalinfo.hiv.gov/en/glossary>
- <https://hivinfo.nih.gov/understanding-hiv>
- <http://www.cdc.gov>

**ADAP:** AIDS Drug Assistance Program funded through the Part B Program. Congress “earmarks” funds that must be used for ADAP, an important distinction since other Part B spending decisions are made locally.

**ADAP Formulary:** A list of available and approved Anti-Retroviral (ARV) HIV medications and opportunistic infection medications.

**AIDS: (*Acquired Immunodeficiency Syndrome*):** The most severe phase of infection with the human immunodeficiency virus (HIV). Persons infected with HIV are said to have AIDS when they get certain opportunistic infections or when their CD4+ cell count drops below 200.

**Allocations:** Refers to the distribution of dollar amounts or percentages of funding to established priorities – service categories, geographic areas, populations, or subpopulations. It does NOT involve contracting with or giving money to specific service providers.

**ART:** Anti-retroviral therapy. Class of medications that obstruct the HIV virus life-cycle.

**Centers for Disease Control and Prevention (CDC):** The CDC is a Federal agency of the Department of Health and Human Services. Their mission is to promote health and quality of life by preventing and controlling disease, injury, and disability. The CDC is the Federal agency responsible for tracking diseases that endanger public health, such as HIV.

**CD4+ cell (Also known as T helper cell):** A type of T cell found in the blood that is involved in protecting the body against infections. CD4+ cells normally orchestrate the immune response, signaling other cells in the immune system to perform their special disease-fighting functions.

**CD4+ cell count:** A measure of the number of CD4+ cells present in the blood. *(Because HIV infection kills CD4+ cells, CD4+ cell count is used to track the progress of HIV infection.)*

**CDC:** See Centers for Disease Control and Prevention

**CMV:** Cytomegalovirus

**Case Manager (CM):** Assists clients with the access to primary medical care, psychosocial and other services to insure timely, coordinated access to medically appropriate levels of health and support services and continuity of care.

**COBRA: (Consolidated Omnibus Budget Reconciliation Act)** Federal Act that gives workers and their families who lose their health benefits the right to choose to continue group health benefits provided by their group health plan for limited periods of time under certain circumstances such as voluntary or involuntary job loss, reduction in the hours worked, transition between jobs, death, divorce, and other life events.

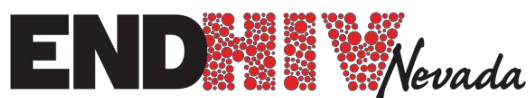
**Common Guidance Document:** Another name for the Universal Nevada Ryan White Parts A, B, C & D Eligibility Packet.

**Community Planning:** Steps taken, and methods used by a community to gather information, interpret it, and produce a plan for rational decision-making.

**Eligibility Specialist:** Responsible for ensuring client eligibility and working with the Case Manager to ensure effective client follow-up and adherence to all eligibility standards.

**ENDHIVNevada Campaign:** A campaign designed to:

- Continue the dialogue about HIV disease, stigma, care, treatment, and prevention
- Strengthen the strategy in reaching those that are unaware of their status, newly diagnosed individuals, the out-of-care populations, Service Providers, and those engaged in HIV care, Planning Council members, stakeholders in the community and the general public.
- Align itself to the National HIV/AIDS Strategy to achieve an AIDS-free generation by 2020
- Offer information and resources regarding the availability of HIV services throughout the state of Nevada



**Federal Poverty Guidelines (FPG):** The threshold of low-income for service eligibility.

**Form 18-04a:** See Universal Application- Brand New Client Packet.

**Form 18-05a:** See Universal Application- Annual Client Packet.

**HAART (*highly active antiretroviral therapy*):** Aggressive anti-HIV treatment usually including a combination of drugs called protease inhibitors and reverse transcriptase inhibitors whose purpose is to reduce viral load infection to undetectable levels.

**Health Education/Risk Reduction:** Activities that educate patients living with HIV about how HIV is transmitted and how to reduce the risk of HIV transmission.

**Health Insurance Continuation Program (HICP):** A statewide program that provides financial assistance to individuals living with HIV to maintain or to access health insurance by way of premium payments, co-payments, and deductible payments. If you have private health insurance or need to enroll in private health insurance but can't afford to pay for premiums or copays then this program is for you.

**HIV (*human immunodeficiency virus*):** A virus that infects and takes over certain cells of the immune system that are important in fighting disease.

**HIV antiretrovirals:** Medications, such as zidovudine (AZT) and saquinavir, designed to attack HIV and prevent it from multiplying.

**HIPAA:** The Health Insurance Portability and Accountability Act of 1996 is United States legislation that provides data privacy and security provisions for safeguarding medical information

**HOPWA:** HOPWA stands for Housing Opportunities for People with AIDS. It was established to provide housing assistance and related supportive services for low-income persons living with HIV/AIDS and their families.

**HRSA:** The Health Resources and Services Administration is an agency of the U.S. Department of Health and Human Services located in Rockville, Maryland. It is the primary federal agency for improving access to health care services for people who are uninsured, isolated, or medically vulnerable.

**Legal Services:** Legal assistance provided to and/or on behalf of the individual living with HIV and involving legal matters related to or arising from their HIV disease or care.

**Medical Transportation Services:** Transportation services provided, directly or through voucher, to a client so that he or she may access health care services.

**Nevada's AIDS Drug Assistance Program (ADAP):** The AIDS Drug Assistance Program helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication. See the most current policies and procedures for the formulary at:

<https://endhivnevada.org/nmap-documents/>.

**Nevada Division of Public and Behavioral Health Ryan White HIV/AIDS Part B Program (RWPB):** Provides medications and services to eligible Nevadans living with HIV/AIDS.

**Nevada Integrated HIV Prevention & Care Plan:** A comprehensive and all-inclusive federally mandated document whose mission is to develop local strategies to accelerate progress toward reaching the goals of the National HIV/AIDS Strategy. The ultimate goals are to prevent new HIV infections, increase access to care and improve health outcomes, and reduce HIV-related health disparities.

**Non-Medical Case Management:** Provide guidance and assistance in accessing medical, social, community, legal, financial, and other needed services. You will work 1:1 with a Case Manager to achieve goals to increase your quality of life.

**Opportunistic infections:** Infections that take advantage of the opportunity offered when a person's immune system has been weakened by HIV infection. At least 25 medical conditions,



including bacterial, fungal, and viral infections and certain types of cancer, are associated with HIV infection.

**People Living with HIV/AIDS (PLWHA):** Infants, children, adolescents, and adults infected with HIV/AIDS.

**Pandemic:** An epidemic over a large area or country.

**Pneumocystis carinii pneumonia (PCP):** A pneumonia that strikes individuals with weakened immune systems.

**PEP:** *Post exposure prophylaxis*, or PEP.

**PrEP:** *Pre-exposure prophylaxis*, or PrEP, is a way for people who do not have HIV but who are at substantial risk of getting it to prevent HIV infection by taking a pill every day. When taken consistently, PrEP has been shown in people who are at substantial risk to reduce the risk of HIV infection by up to 92%.

**Prevalence:** A proportion of persons in a population who are infected, at a specified point in time or over a specified period of time, with HIV.

**Prophylactic:** Something that guards against or prevents disease.

**Prophylaxis:** A treatment designed to prevent the spread of disease and preserve health.

**Protease:** An enzyme that triggers the breakdown of proteins in the body. HIV's protease enzyme breaks apart long strands of viral protein into the separate proteins constituting the viral core and the enzymes it contains. HIV protease acts as new virus particles are budding off a cell membrane.

**Protease inhibitor:** A drug that binds to and blocks HIV protease from working, thus preventing the production of new functional viral particles.

**Referral for Health Care/Supportive Services:** Benefits counseling and enrollment are services available under this title. Eligibility screening and enrollment for Ryan White Programs is the main function.

**Serostatus:** The result of a blood test for the antibodies that the immune system creates to fight specific diseases. Seronegative: Indicates that a person's blood lacks antibodies to a specific infectious agent, such as HIV. Seropositive: Indicates that a person's blood contains antibodies to infections, such as HIV.

**Universal Application Form:** See Form 15-53

**Verification of No Income Form:** Otherwise known as Form 15-45 or Declaration of Resources Form.

**Viral Load:** An estimate of the amount of virus present, a measure of the severity of a viral infection.

## NOTES

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## **UNITED STATES & NEVADA AIDS HOTLINE**

### **HIV/AIDS Hotline**

National Hotline: (800) 232-4636

### **Health District Office of AIDS**

(702) 759-0702

### **CDC National AIDS Hotline**

(800) 232-4636

### **Project Inform National Hotline**

(800) 822-7422

### **Teenage AIDS Hotline**

(6:00 P.M. – 12:00 AM Friday & Saturday Only)

(800) 440-8336

## **RYAN WHITE PART A HIV/AIDS PROGRAM**

Clark County Social Services

Office of HIV

2820 W. Charleston Blvd,

Suite B-15

Las Vegas, NV 89102

## **RYAN WHITE PART B HIV/AIDS PROGRAM**

Nevada Office of HIV

1840 E. Sahara Avenue

Suite 110-111

Las Vegas, NV 89104

## **RYAN WHITE PART C HIV/AIDS PROGRAM**

Northern Nevada HOPES (Reno) & University Medical Center (Las Vegas)

## **RYAN WHITE PART D HIV/AIDS PROGRAM**

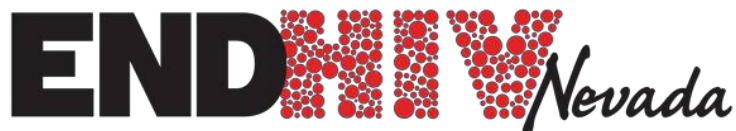
Northern Nevada HOPES (Reno) & University of Nevada, Las Vegas

## **RYAN WHITE PART F HIV/AIDS PROGRAM**

Nevada AIDS Education and Training Center

604 W. Moana Lane

Reno, NV 89509





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