



Culturally Affirming Practices for Collecting Sexual Orientation and Gender Identity (SOGI) Data Affirming Terminology

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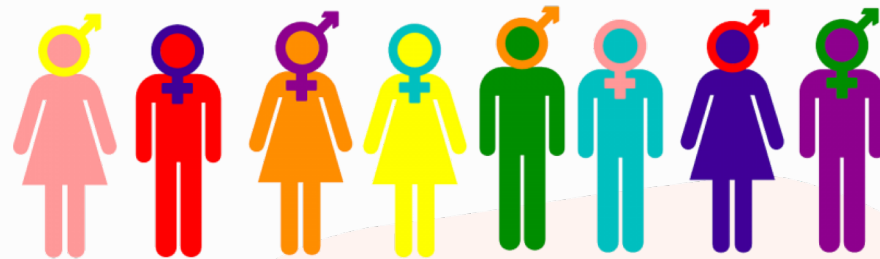


Gender Identity Sample Questions

- Two Question Approach - Part 1

Sex were you assigned at birth: **What sex was listed on your birth certificate?**

- ☐ male
- ☐ female



Note:

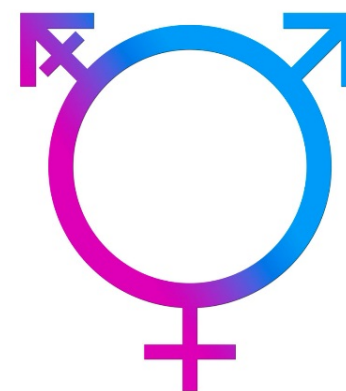
- In rare cases, a person may be listed as intersex on their birth certificate, but this is not one of the categories reported to the Health Resources and Services Administration.
- Other is not reported back to HRSA

Gender Identity Sample Questions

Two Question Approach- Part 2

Gender Identity: **Do you identify as male; female; transgender male/ female-to-male; transgender female/ male-to-female; other; choose not to disclose?**

- ☐ male
- ☐ female
- ☐ female-to-male (FTM)/transgender male/ trans man
- ☐ male-to-female/ transgender female/ trans woman
- ☐ other
- ☐ don't know
- ☐ choose not to disclose



Sexual Orientation Sample Questions

Sexual Orientation: What is your sexual orientation?
(Possible prompt: who are you attracted to?)

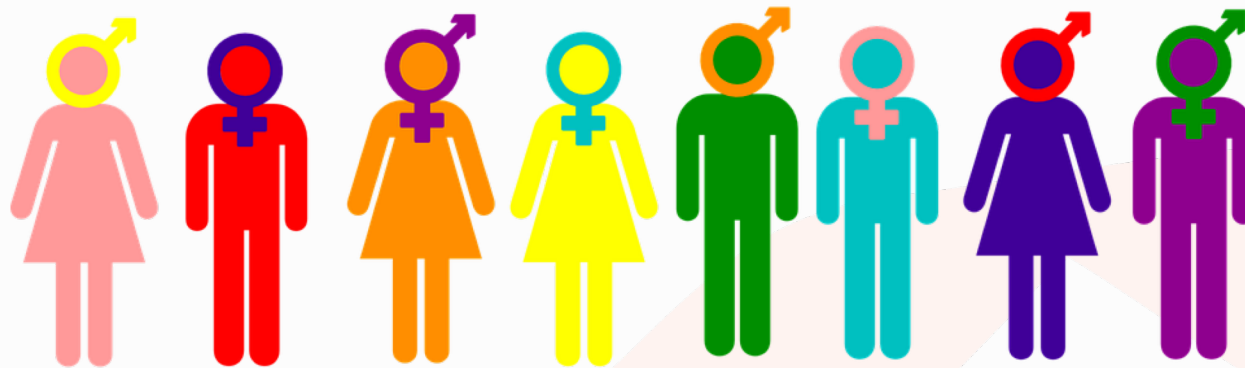
- ☐ straight or heterosexual
- ☐ lesbian, gay, or homosexual
- ☐ bisexual
- ☐ other
- ☐ don't know
- ☐ choose not to disclose





Concepts & terminology

Sex, Gender & Sexuality



Green, E.R. & Maurer, L.M. (2015). The Teaching Transgender Toolkit: A Facilitator's Guide to Increasing Knowledge, Decreasing Prejudice, & Building Skills. Ithaca, NY: Planned Parenthood of the Southern Finger Lakes: Out for Health. ISBN: 978-0-9966783-0-8. www.teachingtransgender.com.

Responding to Patient Questions and Concerns

“Why are you asking about this sex and gender stuff?”



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Let's Practice! - SOGI Role Plays

1. Find a partner.
2. Decide who will be the provider and who will be the patient for the first scenario you choose.
3. Practice providing responses to patient questions and concerns based on the scenarios brainstormed.
4. Switch roles until you've completed 2 scenarios.

Asking Patients Over 12 Years Old about SOGI

- We'll be asking SOGI questions to adolescents 12 and older directly, without the parent/guardian in the room
- Ask patient if they're comfortable having the information in their records

Affirming Terminology

**Instead of
saying
this:**

Say this:

| | |
|---|---|
| FTM, used to be a woman, born a female | Transgender man, or, Transman |
| MTF, used to be a man, born a male | Transgender woman, or, Transwoman |
| Sex Change, The Surgery, Transgendering, pre-operative, post-operative | Medical Transition |
| Hermaphrodite | Intersex person or Person who is intersex |
| Sexual preference, homosexual | Sexual orientation |

Affirming Terminology



Instead of
saying this:

Say this:

| | |
|--|--|
| "Real" sex, "real" gender, genital sex | Sex assigned at birth |
| A transgender | Transgender person, or, person who is transgender |
| Transgenders | Transgender people, or, people who are transgender |
| Transgendered | Transgender |

Affirming Name & Pronouns

- Best practice is to acknowledge that individuals have the right to decide this for themselves...

How to ask:

- “What name is your chosen name?”
- “What are your pronouns?”

How not to ask:

What are your “preferred” name or pronouns



Pronouns Video



Key Take Away Points

- There are 3 SOGI questions- these questions are important for patient health
- Gender Identity and Sexual Orientation are not the same
- Every patient has a sexual orientation and gender identity
- When in doubt, ask
- When not in doubt, still ask
- Patients always have the right to decline to answer

Reflection/Wrap Up

- One thing that I appreciated about the today's training was...
- One thing that I want to think more about is...
- One thing that I still have a question about is...
- One thing that I am looking forward to is...

Thank you!

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